Practice is essential for physics and I tested my understanding of the concepts through doing problems. Making short notes or summaries for every chapter helped me keep track of the formulas and definitions in the whole syllabus, assuring that I didn’t miss out anything.

To eat well and rest well! It’s not worth getting oh-so-brilliant results at the expense of your health – be it physical, mental or emotional. Resting allows you to go a longer distance and it clears your mind. All the same, consistent revision and practice is important. Got to take extra care not to let your doubts snowball and drag you down. Everyone has their own studying method that works most effectively for themselves - whether it is through making notes in many different colors, coming up with mnemonics to remember facts, getting together with friends to exchange pointers, or just isolating themselves in a quiet room to pore over their notes. So, I guess the most important thing would be to find a method that you’re most comfortable with and pace yourself towards the exams and your personal targets.

**GOH CUI YING – PAP Year 3**

I went through past year A level papers and reviewed the "model" solutions when there wasn't enough time to work through the questions. I made sure I had ample sleep (i.e. try not to study till too late at night) and took regular meals. I revised all my notes once through on the day of the exam so that the formulas and concepts can be fresh in my mind and also to prevent myself from panicking.

Clarify unsure concepts as soon as possible and not accumulate till it becomes too much to handle. Don’t do last minute studying (as it might not work for some people). They can make their own notes (with formulas, definitions and concepts) to facilitate their revision process. Always try challenging problems to gain confidence when doing easier problems in the A levels. Have good time management during exams, make sure there is enough time left after doing the paper to check through at least once.

**PANG AI LIN, CHRISTINA – PAP Year 2**
I prepared for my A level exam by clearing all my queries with my teacher who was extremely helpful and patient. I met her almost once a week towards the end of the school year. Studying with friends helps as well but there's a big temptation to talk and hence not do work. So having the right friends to study with is important as well.

Advice-wise, I would say study smart and not just hard. Don't get stressed out. Take a short break when you feel the tension going up. Yeah, just a little more to go!

SEOW KAI LING CHERYL - PAP Year 1